

# London Institute of Classics in East Asian Medicine

## 偏级东西器學古精研究所

#### CANONICAL CHINESE MEDICINE TRAINING

with Arnaud Versluys, PhD, MD (China), LAc and associates

#### The Shanghan Lun series

Venue: Kagyu Samye Dzong, Bermonsey, London:

Five Flavours and Formula Structure

24 – 25 September 2011

Inner and Outer Circle of Herb and Formula Archetypes

19 – 22 November 2011, followed by clinical day 23 November

Venue hereafter: College of Integrated Chinese Medicine, Reading:

Shanghan Lun Pathophysiology and Basic Patterns

25 – 26 February 2012

**Shanghan Lun Pulses** 

19 – 20 May 2012, followed by clinical day 21 May 2012

Shanghan Lun Fukushin

28 – 29 July 2012

Shanghan Lun Formula Families

15 – 16 September 2012

Shanghan Lun Modifications and Shang Han Lun Acupuncture

October 20 – 21 2012

Shanghan Lun Case Studies

24 – 25 November 2012, followed by clinical day 26 November



### Would you like to learn a classically based pulse system that will lead you to faster diagnosis and more powerful treatments?

Line 1: Taiyang disease, pulse is floating, the nape and neck are stiff and painful and there is aversion to cold Line 12: Taiyang wind strike, yang is floating and yin is weak, floating yang is spontaneous fever, weak yin is spontaneous sweat ... Guizhi Tang governs.

Bing-Mai-Zheng-Zhi defines the Shanghan Lun style

of practice. First, the practitioner discerns which of the conformations is involved – *Bing*. Next, in contrast with the TCM style, a classically based clinician analyses the pulse – *Mai*.

In the TCM style, pulse is done last and is used to merely confirm the diagnosis that the practitioner arrived at primarily through inquiry. In the tradition of doctor Tian Heming, we are taught to look at the pulse in the beginning. Dr. Tian would spend a few minutes in a trance-like state analyzing the pulses in depth and then ask to confirm one or two symptoms. From this he would decide on a formula. Dr. Tian treated over 200 patients a day and consistently wrote effective formulas. The question arises, how did he do it?

This is the style taught by Dr. Arnaud Versluys in the Shanghan Lun series.

In TCM style of pulse diagnosis, we are taught that the left hand cun~guan~chi positions represent the Heart ~ Liver ~ Kidney yin, while the right hand represent Lung ~ Spleen ~ Kidney yang. In the Shanghan Lun style we analyse the pulses based on a six conformation system that is consistent with the six conformations of the Shanghan Lun itself. This system is basically five phase system in action. On the left hand we see the pulses as representing; Shaoyin-Taiyang ~ Jueyin-Shaoyang ~ Taiyang-Shaoyin pairs. The actual image informs us of whether the pulse represents the yin or yang conformation. For example, in the TCM style it's difficult to interpret a wiry pulse at the middle depth of the left hand chi position. However, in the Tian Heming

tradition this is no problem as it would be a Taiyang pulse image and represents the need for Fuling in the formula. This reveals the key to how Tian Heming effectively treated over 200 patients every day.

This tradition is based on the formula family style practiced by such luminaries as Xu Lingtai Tai

and Yoshimasu Todo which understands formulas with a modular vision. So, how do formula families and six conformation pulse analysis come together? Based on the location and the image, we go directly to an herb. We recognize that a given image at a certain location is the body's request for that herb. Next, we recall all of the formulas with that herb in it. Another image at another location means another herb. Now, what formulas have those two herbs in them? Do you have this symptom? Do you have that symptom? This clarifies the formula needed. Finally, we confirm some key, definitive symptoms and write our formula. The strength of the training is that it not only uses the study of the classics, but also integrates the clinical and pragmatic tradition

approach of the Tian-Zeng Shanghan Lun lineage of clinicians.

To learn more about the formula family system of herbs and the pulse system of Tian Heming sign up today for the next series.

On completion of all Shanghan Lun Seminars and consecutive Jingui Yaolue Seminars, Certification in Canonical Chinese Medicine will be awarded through the Institute of Classics in East Asian Medicine

Dr. Versluys is one of the very few Western scholars to have received his full medical training in China. He spent over ten years at the Chinese medical universities of Wuhan, Beijing and Chengdu, where he consecutively pursued his Bachelor, Master and Doctor Degrees. He also trained outside the university system.

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